

Gua Enhancements*

Health & Family

Relates to: Health. Relationships with immediate family, extended family, and close friends.

Enhancements: Blue and green
Things made from wood.
Floral prints
Column shapes, stripes
Healthy, friendly plants, flowers
Pictures depicting landscapes and plants, family photos
Items with personal association to family or health
Affirmations pertaining to Health and Family

Hazardous: Metal – (metal cuts wood), white & pastels, circular shapes (all metal components)
Unhealthy plants

Wealth & Prosperity

Relates to: Flow of abundance of all kinds, cash flow

Enhancements: Purple, blue, and red
Items that symbolize and give feeling of wealth, piggy bank, savings book
Valuable possessions: art, antiques, jewelry, crystal
Pictures of what you desire: home, car, boat
Healthy plants, ones that bloom in Wealth colors, fresh or silk flowers
Wind chimes, wind dancers (whirligigs, flags)
Water fountains: symbolize the abundant flow of prosperity
Affirmations pertaining to Wealth & Prosperity

Hazardous: Dirt and dust, broken items, reminders of broke or bad times, trash cans, dead plants, fireplaces, toilets.

Fame & Reputation

Relates to: Reputation in community and on job, recognition you receive for what you do

Enhancements: Red
Awards, diplomas
Items made from animals: Leather, feather, wool
Lighting: candles, natural sunlight, lamps
Triangular shapes
Pictures of animals, people, fire
Affirmations pertaining to Fame & Reputation

Hazardous: Water (water douses fire) – black stuff, Things that symbolize what you are NOT about. (picture of Darth Vader, sad clown, pictures of animals with bad traits (snakes, etc.))
Mirrors.

* Western Guide to Feng Shui by Terah Kathryn Collins

* Move your Stuff Change your Life by Karen Rich Cater

Love & Relationship

- Relates to:** Love relationship with significant other and love of self
- Enhancements:** Pink, red, and white
Pictures of you and significant other
Pairs of things
Things with personal association to Love & Relationship (wedding, vacations)
Symbols of love: hearts, doves
Affirmations pertaining to Love & Relationship
- Hazardous:** Negative images, pictures of ex-lovers. Unfriendly items – cactus, weapons. Single stuff. Games. Uncleanliness. Clutter. Distractions. TV or computer—especially in bedroom

Creativity & Children

- Relates to:** Spontaneity, creative projects of all kinds, relationships with children
- Enhancements:** White and pastels
Things made from metal, gold, brass, aluminum, etc.
Circular or oval shapes
Toys, games, whimsical items, creative supplies
Pictures of children, artwork done by children
Items with personal association to Creativity & Children
Affirmations pertaining to Creativity and Children
- Hazardous:** Fire element items (see Fame). Red, triangular, pointed things.

Helpful People & Travel

- Relates to:** Synchronicity, all helpful people (employer, customers, spiritual beings), travel
- Enhancements:** Gray, black, and white
Pictures, symbols of spiritual beings
Symbols, pictures of helpful people in your life
Pictures of places you've traveled or would like to travel
Items with personal association to Helpful People & Travel
Affirmations pertaining to Helpful People & Travel
- Hazardous:** Junk. Drains. W&P hazardous materials.

Career

- Relates to:** Life purpose, career, community work
- Enhancements:** Black and dark tones (navy blue, deep brown, burgundy, charcoal)
Water fountains, aquariums
Pictures of water, streams, oceans, waterfalls
Images depicting your career, desired career, or feeling of life purpose
Free flowing shapes
Crystals, mirrors
Items with personal association to Career
Affirmations pertaining to Career
- Hazardous:** Dirt, pictures of mountains and clay pots. Squares, earth-tones.
Pictures of things that you would never want to do in your life.

Knowledge & Self-Cultivation

Relates to: Student, self-growth activity, peace of mind

Enhancements: Blue, green, and black
Bookcases, books you are studying
Pictures of wise people, mountains
Items with personal association to Knowledge & Self-Cultivation
Affirmations pertaining to Knowledge & Self-Cultivation

Hazardous: Clutter – thinking clearly requires a clear space. Things that stop the thought process – alcohol, drugs, poisons, cigarettes. Unwise symbols – newspapers with bad news, etc.

Center

Relates to: Feeling grounded, centered, arranging our live around a solid base

Enhancements: Yellow and earth tone (orange, brown, earthy red)
Things made from earth (tile, ceramic), pictures depicting fields and deserts
Square shapes
Object to remind you to stay grounded
Affirmations pertaining to Center

Hazardous: Wood elements (trees, pillars) small plants are ok.

Basic Chi Enhancers

Most of these chi enhancers can be used in any gua as an enhancement The exception is water features. A water feature shouldn't be used in the Fame & Reputation area with the intention of strengthening Fame, because Fame is a Fire element and Water puts out fire.

1. Art — pictures, photographs appropriate for that gua
2. Color — colors appropriate for that gua
3. Lighting — candles, sunlight, lamps
4. Crystals — round, multi-faceted crystals
5. Living things — plants, flowers, pets, silk plants/flowers acceptable
6. Mirrors — used to deflect negativity, reflect good views, expand areas
7. Objects of nature — rocks, pine cones, natural crystals, natural objects with personal meaning
8. Sound makers — musical instruments, wind chimes
9. Wind dancers — mobiles, banners, flags
10. Water features — fountains, birdbaths, pictures of water

Suggested books

The Western Guide to Feng Shui by Terah Kathryn Collins

The Western Guide to Feng Shui – Room by Room by Terah Kathryn Collins

The Western Guide to Feng Shui for Prosperity by Terah Kathryn Collins

The Western Guide to Feng Shui for Romance by Terah Kathryn Collins

Home design with Feng Shui – A-Z by Terah Kathryn Collins

Move your stuff Change your life by Karen Rauch Carter.

Clear your clutter with Feng Shui by Karen Kingston

Feng Shui Chic by Sharon Stasney

Affirmations*

Health & Family

“I am a vibrantly healthy person.” “I enjoy wonderful relationships with my family.” “I enjoy harmonious relationships with my friends.” “I am blessed with vibrant health and loving relationships.”

Wealth & Prosperity

“I am rich and prosperous in every way.” “The finest riches of health, wealth, and happiness are constantly blossoming in my life.” “I am blessed with a constant and abundant flow of money in my life.”

Fame & Reputation

“I am honored and respected in every way by the people I work with, and for the work that I do.” “I am well known and well respected for my skills, talents and accomplishments.”

Love & Relationship

“I attract joy, love and intimacy into my life.” “I love, respect and honor myself.” “Love constantly surrounds me.” “My perfect love partner and I are connected in our minds, hearts and spirits, now and always.” “My love partner and I experience an abundance of joy, passion, and ecstasy together.”

Creativity and Children

“I easily and joyfully express my creativity.” “I am an artistic, talented, one-of-a-kind creative person.” “I joyfully support my inner child in developing and expressing her creativity.” “As my destiny unfolds, I trust my inner wisdom to express my creativity in all the ways that are perfect for me.”

Helpful People and Travel

“I constantly attract helpful, generous, loving people into my life.” “I am blessed with many helpful people in my life and I am a helpful person in other people’s lives.” “I travel as often as I like, to the places I want to visit.” “I am in the right place at the right time, and I meet the right people at the right time.”

Career

“My career is fulfilling, inspiring and lucrative.” “I express my life’s purpose through my career.” “I attract many positive opportunities and circumstances.” “I grow and prosper through performing my life’s work.” “I am open to knowing and living my true calling.”

Knowledge & Self-Cultivation

“I easily and joyfully assimilate new knowledge and information.” “Knowing that I am constantly learning and growing, I relax into each moment of my life.” “I am a wise and knowledgeable person.”

Center

“I remain grounded and centered all the time.” “I am always in the secure and loving embrace of Mother Earth.”

*The Western Guide to Feng Shui by Terah Kathryn Collins